

## Project No. 42

### BANGLADESH REHABILITATION AND ASSISTANCE CENTER FOR ADDICTS (BARACA)

#### Principle:

All drug users deserve a second chance to have a life with human dignity.

#### Objective:

- To bring about a lasting and wholesome recovery through shaping/overhauling/reshaping the addict's personality to lead a normal life in the society; and
- To develop a positive attitude towards themselves, others life and the Creator.

#### Background:

Bangladesh Rehabilitation and Assistance Centre for Addicts (BARACA) was established in 1988 for treatment and rehabilitation of the drug addicts in Bangladesh. The present phase of the project started in January 2009 which will be completed in December 2011. The reporting period is the second half of the last year of last phase and the first half of the first year of present phase of the project.

#### Staff Strength:

Regular - Total: 40 (Male-40)  
Volunteer - Total-8 (Male-8)

#### Donor:

Caritas Germany/BMZ and local income of BARACA.

#### Expenditure:

Foreign Partner's contribution : Tk. 9,222,447  
Local Partner's contribution : Tk. 1,807,940  
Total : Tk.11,030,387

**Beneficiaries (a) No:** Direct: Male - Female - nil Total :  
Indirect: Male - Female - nil Total :

**(b) Contribution (Tk.):** 1,807,250/-

#### Targets and Achievements:

The target and achievements of the project are provided below:

Sl. No.	Activities	Achievement as on June 08	Performance for FY 08-09		Cumulative as on June 09
			Target	Achievement	
<b>1</b>	<b>Clients profile</b>				
1.1	Fresh Admission/ Re-Admission/ Review	2,648	180	208	2856
1.2	Clients graduated/rehabilitated	1,508	204	94	1602
1.3	Released		204	114	114
1.5	Drop-out		54	23	23
1.6	Gather information and evaluate through data analysis.	1954	117	111	2065
<b>2</b>	<b>Staff training and supervision</b>				

Sl. No.	Activities	Achievement as on June 08	Performance for FY 08-09		Cumulative as on June 09
			Target	Achievement	
2.1	One basic course of 10 days for 25 educators every year for three years	21	4	9	30
2.2	One-day workshop every month for Baraca's staff	35	12	11	46
2.3	One weekly staff case work session	141	48	43	184
2.4	One three-hour session of supervision over case management	28	10	9	37
2.5	External consultancy-21 days	18	2	9	27
2.6	Two-day follow up workshop for 26 staff	1	1	1	2
<b>3</b>	<b>Attending clients in the DIC</b>	2984	2400	1898	4882
<b>4</b>	<b>No. of clients detoxified</b>	452	180	207	660
<b>5</b>	<b>Participated in awareness program on Drug abuse, HIV, Std etc</b>				
5.1	No. of street addicts participated	995	300	928	1923
5.2	No. of family participated	1,166	500	534	1700
5.3	No. of students of secondary school	1,383	750	604	1987
5.4	No. of students of high school	1,536	750	960	2496
5.5	No. of Slum dwellers, truckers, street children		150	353	353
5.6	No. of Clients/Recovering drug users		150	376	376
<b>6</b>	<b>Vocational Training for in-house clients</b>				
6.1	Participants for welding, carpentry and Electric	93	100	80	173
6.2	Participants for computer training	142	50	41	183
<b>7</b>	<b>Networking service.</b>				
7.1	Magazine - 500 copies each	4	2	2	6
7.2	Two days annual workshop to present network outcomes and other issues	1	1	1	2
7.3	One meeting every two-month with the actual ad hoc committee (9 representatives)	16	6	6	22
7.4	Workshops to assess common procedures and standards	3	1	1	4
7.5	Press conferences	5	2	1	6
7.6	Press releases	45	10	9	54
7.7	Short articles or publications	25	6	10	35
7.8	Participation in public debates or meetings	24	5	16	40
7.9	Meeting with local authorities to promote Baraca's project.	40	12	13	53
<b>8</b>	<b>Fund rising for very poor patients.</b>	33,914		11,193	54107
<b>9</b>	<b>Monitoring, evaluation &amp; audit</b>				

Sl. No.	Activities	Achievement as on June 08	Performance for FY 08-09		Cumulative as on June 09
			Target	Achievement	
9.1	Core Team Meeting	81	18	23	104
9.2	Staff on roll to Project Support Office (PSO)	3	1	1	4
9.3	Inventory list sent to PSO/DCV	3	1	2	5
9.4	Audit report to PSO/DCV	3	2	2	5
9.5	Progress report to PSO/DCV	7	2	2	9
9.6	Quarterly financial report to PSO/DCV	9	4	3	12
9.7	Quarterly fund requisition	12	4	3	15
9.8	BARACA Managing Committee Meeting	11	3	2	13
9.9	Visit of Donor's Representatives /Consultants	12	2	1	13

The above Table provides us with the clients' profile (208 admitted, 94 graduated and 23 dropped out). Several training courses were received by the staff, 1898 clients attended the Drop in Centre and 207 clients were detoxified. Besides, 928 street addicts, 534 family members, 604 students of secondary schools, 960 students of higher secondary schools, 353 slum dwellers/truckers/street children and 376 recovering drug users participated in the awareness program on drug abuse, HIV, STD, etc. In all 121 in-house clients attended skill development training course on carpentry, welding and computer. A Network called NARCOB (Networking Among Rehabilitation Centres of Bangladesh) has been started, which published two magazines and 10 short articles on drug abuse, organised workshop/meetings for staff members, arranged one press conference, issued nine press release, 16 public debates and 13 meetings with local authorities. A strong monitoring of the project activities and finance was made by the Core Team, Caritas National Office, BARACA Managing Committee and Project Support Office of India.

### Impacts:

- BARACA-DCV staff members are now more confident and committed towards their services.
- The family members and the friends of the recovering clients have become very cooperative and they are very grateful to BARACA for its love, care and services for the most neglected aspect of human nature.
- The recovering clients gather together on monthly basis to attend clean birthday (drug free) celebration to encourage in-house clients of BARACA.
- Communication and cooperation with the media, local authorities/administration and local drug treatment organisations has increased.

### Conclusion:

BARACA's partnership with Drug Treatment Organisations worldwide has developed with a view to sharing knowledge, experiences and good practices that lead towards quality standard services in the field of addiction and to contribute to the public policies in the area of drug demand reduction. Caritas Bangladesh and Caritas Germany are working very closely relating to diversity, quality and sustainability of drug treatment. The recovered clients leave no stone unturned to persuade the addicts who live in their neighborhood to give up the habit of taking drugs. It is hoped that the combined efforts of all concerned would surely reduce the menace of drug addiction. Regular visit of Dr Efre Milanese has been very helpful for our systematic and significant achievements, Caritas is very grateful to him and to Caritas Germany to make him available for BARACA.